Renal inpatient NUTRITION SCREENING TOOL (INUT)

ADMISSION SCREENING

| ADMISSION WEIGHT | kg | HEIGHT IN METRES | m | BMI | kg/m² |

| TARGET WEIGHT *(Dialysis patients ONLY)* | kg | ← **OR** → | REPORTED USUAL WEIGHT *(Non-dialysis patients ONLY)* | kg |

ADMISSION SCREENING QUESTIONS

1. Has the patient unintentionally lost weight from their target OR usual weight?	No = 0	Yes = 1
2. Does the patient look malnourished OR has a BMI of 20 kg/m² or less?	No = 0	Yes = 1
3. Is the patient already on nutritional supplements (e.g.Fortisip / Nepro)?	No = 0	Yes = 1
4. Compared to usual, how is the patient's food intake?	Better/Similar = 0	Worse = 1
5. Compared to usual, how is the patient's appetite?	Better/Similar = 0	Worse = 1

Total Score	Classification	Action Plan
0	Low Risk	• continue with weekly screening
1	At Risk	• continue with weekly screening • assist with eating & drinking if needed • use a food record chart if needed
2 or more	High Risk	• refer the patient to the dietitian • start a food chart and a red tray

WEEKLY SCREENING

1. Measure weight and change in weight since admission. Indicate if change is gain or loss.
2. Answer the 4 screening questions and count the total points.

WEEKLY SCREENING QUESTIONS

1. Has the patient unintentionally lost weight from their target OR usual weight?	No = 0	Yes = 1
2. Does the patient look malnourished OR has a BMI of 20 kg/m² or less?	No = 0	Yes = 1
3. Compared to last week, how is the patient's food intake?	Better/Similar = 0	Worse = 1
4. Compared to last week, how is the patient's appetite?	Better/Similar = 0	Worse = 1

Total Score	Classification	Action Plan
0	Low Risk	• continue with weekly screening
1	At Risk	• continue with weekly screening • assist with eating & drinking if needed • use a food record chart if needed
2 or more	High Risk	• refer the patient to the dietitian • start a food chart and a red tray