

SNAQ

Short Nutritional Assessment Questionnaire
developed by the VU university medical centre in Amsterdam

1 Did you lose weight unintentionally?

More than 6 kg in the last six months



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More than 3 kg in the last month




2 Did you experience a decreased appetite over last month?



3 Did you use supplemental drinks or tube feeding over the last month?



 no intervention

 moderately malnourished; nutritional intervention

 severely malnourished; nutritional intervention and treatment dietician